



North Belfast Youth citizenship program

Volume 1 Issue 9

January 2010

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Special points of Interest:

Youth Forum:

Wednesday 20th January

Time Zone Camp (explorer/venture)

29-31 January

Cub Activity Days:

Either:

Saturday 20th February

Or

Saturday 20th March

Scout Residential

Fri 17 Feb—Sun 21 Feb



# Youth Forum

## Christmas Shoebox appeal

### 60+ collected

>We hope you all had a very lovely Christmas and new year. Did Santa come, did you eat lots of turkey and Christmas pudding while warming your feet by the fire?

Unfortunately not everyone is able to enjoy Christmas as it is shown on the postcards. Many people across Belfast find themselves in a situation of homelessness over the Christmas period. Thankfully there are

some organisations who are there to help, including the Simon community. In October the Simon



community visited the youth forum to explain about the work that they do, and with this in mind the young people decided

they'd like to help with a shoebox appeal. The young people quickly got to work in organising this and then visited their groups and their communities.

60+ shoeboxes were collected and then delivered to the Simon community office.

A big thank you for your consideration and gifts for this project!!

*The Scoutlink Youth Forum*

## Are you an i-Citizen of Belfast?

Scoutlink's new project is quickly getting under way. The i-Citizen programme is welcoming and encouraging participation from 11-18 year olds across the Belfast city council area, to be part of a

cross community partnerships. The programme aims to focus on 3 main elements: Relationship building, good relations and civic engagement.

This programme also aims to include a

residential and community project.

For further information contact Joan

028 9049 2829



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# Citizenship Programme Ideas

## Beavers / 6-8

### Co-operation

#### Purpose:

To find out what it means to co-operate with a partner

#### Games—with a partner

#### Balloon Duo

Divide into pairs. Give each pair a balloon to inflate and tie. Mark start and finish lines about 30 or 40 feet apart. Partners stand side to side at the start line, linking their inside arms and holding the balloon in their free hands. When the leader says 'go' partners work together hitting their balloon to keep it in the air and making their way across the playing field. If a balloon lands on the ground, partners may sop and pick it up but may not unlink arms.



#### Partner Back-up

With a partner sit back to back, knees bent. From this position they try to stand up by pushing against each other's backs without moving their feet. Sitting down again can also be attempted. If the pair are successful, propose that from a halfway position they try to move like a crab, sideways.

#### Review:

- What did you have to do as partners in these activities?
- Could you have achieved them on your own?

## Cubs / 9-11

### Diversity

#### Purpose:

To develop leadership and collaborative working.

#### Chain Tag

One Cub is 'it'. When 'it' tags someone, the Cub joins hands and becomes part of 'it.' eventually there will be a chain that includes every Cub. The chain can only tag people when the chain is completely joined together. Cubs who are free cannot go through the middle of the chain. Teamwork requires communication and some Cubs may take on leader roles.

#### Review:

How could the chain improve its tagging techniques?

Who is taking a leadership role?

Are all cubs communicating with each other?

Does everyone understand the instructions? If not, how could this be improved?



## Scouts / 11-14

### Co-operation

#### Purpose:

To develop co-operation and team work

#### Hot Chocolate River

Lay two ropes on the ground horizontally (like =), with about seven giant steps in between. Have the young people line up on one side of the rope, and tell them that they are looking at a giant hot chocolate river. They must get their entire team across the hot chocolate river, but it is too hot to swim across, and too deep to walk across. (obviously they cannot walk around the river, since it does not end just because the ropes do). The only way to get across is by using the large, fluffy marshmallows that you provide (carpet squares are good). Unfortunately the current in the river is so strong that it actually sweeps the marshmallows away if someone is not holding them down (with a hand or foot). Also the marshmallows swell up once they are placed in the river, and they become too heavy to move again so must remain where they are placed.

#### Review:

Did it matter if only a few of you made it across the river?

What courage was involved in this activity?

How else do we and should we use courage in our communities?

## Explorer Scouts/

### Diversity

#### Purpose:

Some challenges that can help your community, especially during the credit crunch

#### Simple tasks to help your community

Loose change: the next time you buy something priced between 95p and 99p, look around for a charity tin. After all, 1p per person, per week adds up to £30 million per year



Make people laugh at you: learn at least one good joke. Laughing tones your stomach, lowers your blood pressure and makes you healthier. It's scientifically proven

Buy fair trade: fair-trade products guarantee to give the people who grow them a fair share of the profits.

Save water: most people leave the tap running whilst brushing their teeth. This wastes up to 9 litres of water a minute or 26000 litres of water per family, per year. That means your street could fill an Olympic sized swimming pool every year.

So why not turn off the tap while you clean your teeth?



## Dates for your diary!!!!

### Beavers



Active Citizens activity days.

Greenhill YMCA (Newcastle)

Either

Saturday 20th February

Or

Saturday 20th March

### Cubs

### Scouts

Share Centre Residential

19th—21st February

Limited space remaining: for more information contact Pete on:

028 9049 2829

### Explorer Scouts/ 14+

#### Youth Forum

*Upcoming Dates*

Wednesday 20th January

Wednesday 17th February

Thursday 18th March